

Simple Medical（Shenzhen）Limited

Instruction For Use

SIMPLE Lace-up Ankle Brace A13

Model: 62034 Size: XS, S, M, L



Thank you for purchasing our products! Please read this instruction carefully before operation! To fully understand the product, in order to ensure the safety and effectiveness of the product, and please properly save the manual for future reference

Product overview

1)Product name: SIMPLE Lace-up Ankle Brace A13

2)Product model: 62034

3)Product specification: XS, S, M, L

4)Product Structure:

The product mainly consists of breathable and comfortable soft body, support device, telescopic belt, and fast adjustment system and so on

5)Operating principle:

The product adopts lightweight design, easy to use, comfortable to wear and good fixation. The product uses a fast adjustment system and an "8" fixation band with supports on both sides to effectively fix the injured ankle joint and prevent strain during exercise. The Soft body uses breathable and soft fabric to improve patient wearing comfort.

6) Scope of application:

Ankle immobilisation. Moderate to severe ankle sprain. Joint laxity/chronic instability prevention during sport activities resumption. Sport activities resumption. Tendinopathy treatment. Conservative treatment of Achilles tendon injuries.

Product features and performance description

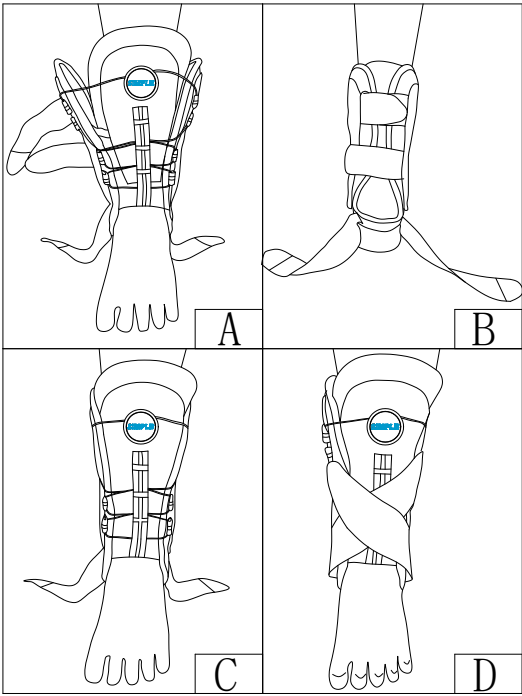
1) Product features and storage conditions

【Product features】 The product has fast adjustment system, breathable, simple and comfortable, stable support, strengthen ankle fixation,Fits right and left foot.

【Storage conditions】 This product should be stored in a room with no more than 80% relative humidity, no corrosive gas and good ventilation to avoid high temperature

2)Using the operating

【Application Instructions】



STEP 1:

Open the product and open the elastic and binding, and place your foot in the ankle retainer (Figure A).

STEP2:

Adjust back strap tightness until comfortable (Figure B).

STEP3:

Adjust the rotary knob for comfort and support, and adjust the inner liner until comfortable (Figure C).

STEP4:

Cross the elastic and attach the Velcro joints to both sides of the ankle brace (Figure D).

Note: If you want to loosen, unplug the knob and pull the string on both sides. If you want to tighten, press the knob and turn clockwise to tighten.

WARNING: the straps should not be too tight. Please adjust the length of the strap needed.

Maintenance:

Lining can use neutral detergent and 30 °C water washed by hand, and natural dry. Do not use clothes dryer or other heat source for drying. Salt water, sand, dirt and other elements can cause damage. After exposure to these conditions, rinse thoroughly with water, dry with a towel or air dry (do not machine dry).If you need detergent, please use mild detergent, do not use softener and bleach.

Warning:

If you experience pain, swelling, irritation, or discomfort while using this product, discontinue use and consult your doctor.

*This product is for support only and is not intended to prevent injury or to prevent the recurrence of injuries.

Basic product environment

- 1) Ambient temperature: -15 ~ 60 °C
- 2) Relative humidity: 80%

Product material

- 1) Body:Polyester, nylon
- 2) expansion band: spandex + nylon
- 3) fast adjustment system: plastic + nylon
- 4) support device:TPE

Contraindication

- ⚠ Do not use in case of allergy;
- ⚠ Those with unknown skin masses are forbidden;
- ⚠ Those with swollen or ulcerated skin are forbidden;
- ⚠ Disabled while driving a vehicle;
- ⚠ Disabled in medical imaging systems;

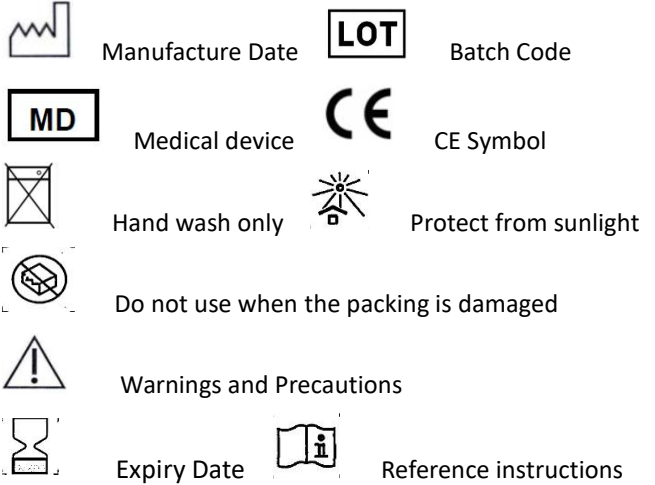
Storage, transportation and expiry date of products

- 1) Product is valid: Five years.
- 2) Product storage: Please place it in a dry and clean room before use to ensure ventilation.
- 3) Transportation: the product shall be dustproof, moisture-proof and pollution-proof during storage and transportation.

Disposal of wastes

Disposal of wrapping paper (bags): please dispose of the packaging of this product according to the local laws.

Symbol and picture description



Accessories list

Instructions ----- 1 copy

Selection

| Item | REF. 62034 | |
|------|-------------|--------------------|
| Size | XS, S, M, L | |
| Size | | Measurement method |
| XS | 160-190mm | |
| S | 190-220mm | |
| M | 220-260mm | |
| L | 260-300mm | |

Warranty

Simple Medical (Shenzhen) Limited warrants to the user who originally purchases this product that it is free from defects in material and workmanship. The sole obligation of Simple Medical (Shenzhen) Limited in the event of breach of warranty shall be to repair or replace the defective product or part(s).

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*Please refer to the Instructions before usage

