

Simple Medical（Shenzhen）Limited

Instruction For Use

SIMPLE Ankle Brace A3

Model: 62011&62012 Size: S/M, L/XL



Thank you for purchasing our products! Please read this instruction carefully before operation! To fully understand the product, in order to ensure the safety and effectiveness of the product, and please properly save the manual for future reference

Product overview

- 1)Product name: SIMPLE Ankle Brace A3
- 2)Product model: 62011&62012
- 3)Product specification: S/M, L/XL
- 4)Product Structure:

The product is mainly composed of polymer material shell, air bag, hose, binding band, rivet, magic tape, etc.

5)Operating principle

The product adopts lightweight design, easy to use and comfortable to wear. The product is a functional ankle protector, which can stabilize the upper ankle joint and help prevent foot varus and foot valgus. A solid shell in accordance with the anatomical shape of the human body provides a solid and comfortable fitting experience for patients. The preinflated adjustable airbag plays a gentle massage role in the course of exercise, which is beneficial to detumescence and relieve the pain of the patient. Specially designed flexible edges provide patients with a comfortable sense of wearing. Adjustable straps are easy for patients to use. The structure of this product can be worn in all kinds of shoes.

6)Scope of application

- Ligament and capsule injuries at the upper ankle joint (e.g. ligament ruptures, strains, distortions)
- Slight soft tissue injuries
- Chronic ankle instability
- Rehabilitation and prevention of ankle injuries
- Acute, chronic, and inflammatory edema

Product features and performance description

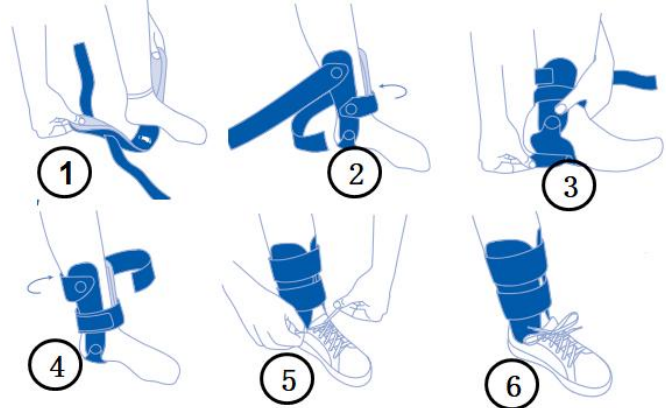
1) Product features and storage conditions

【 Product features 】 The product is convenient to use and comfortable, has good air permeability, high strength, good fixation and can be cleaned.

【 Storage conditions 】 This product should be stored in a room with no more than 80% relative humidity, no corrosive gas and good ventilation to avoid high temperature

2)Using the operating

【 Application Instructions 】



Note: for the best wearing comfort, it is recommended to wear socks and then wear protective gear.

STEP 1: place the foot on the heel strap between the two shells (Fig 1)

STEP 2: fix the lower strap (Fig2).

STEP 3: open the heel strap and adjust to a comfortable width(Fig 3)

STEP 4: fix the upper strap(Fig4).

STEP 5: put on your shoes and get the best support at normal gait (Fig 5 & 6).



Adjust the air volume of the air bag:

The protective airbag has been pre-inflated and does not normally need to be reconditioned. The volume of the balloon may need to be adjusted after long-term use. Note that excessive air may reduce the level of support provided by the product.

- a) need to remove the guard for airbag adjustment
- b) open the air valve at the upper end of the guard
- c) insert the supplied pipe into the valve
- d) add a small amount of air into the tube, or gently squeeze the airbag to drain a small amount of air
- e) squash the valve, remove the pipe
- f) Fold the valve back to the space between the airbag and the housing.

Note that the pressure of the airbag depends on the air pressure around it. In the case of abnormal air pressure, such as during flight, the airbag may need to be readjusted.

Maintenance:

Lining can use neutral detergent and 30 °C water washed by hand, and natural dry. Do not use clothes dryer or other heat source for drying. Salt water, sand, dirt and other elements can cause damage. After exposure to these conditions, rinse thoroughly with water, dry with a towel or air dry (do not machine dry).If you need detergent, please use mild detergent, do not use softener and bleach.

All parts must be air-dried and completely dry before use

Warning:

If you experience pain, swelling, irritation, or discomfort while using this product, discontinue use and consult your doctor.

*This product is for support only and is not intended to prevent injury or to prevent the recurrence of injuries.

*For Single Patient Use Only

Basic product environment

- 1) Ambient temperature: -15 ~ 60 °C
- 2) Relative humidity: 80%

Product material

- 1) Housing: ABS+PC/TPE2) Airbag: PU
- 3) Rivet: stainless steel 4) Strap: nylon

Contraindication

- ⚠ Do not use in case of allergy;
- ⚠ Those with unknown skin masses are forbidden;
- ⚠ Those with swollen or ulcerated skin are forbidden;

Storage, transportation and expiry date of products

- 1)Product is valid: five years
- 2)Product storage: Please put in a dry and clean room for indoor ventilation before use. Do not mix with corrosive substances such as acid and alkali and keep away from the fire source.
- 3)Transportation: the product shall be dustproof, moisture-proof and pollution-proof during storage and transportation

Disposal of wastes

Disposal of wrapping paper (bags) : please dispose of the packaging of this product according to the local laws.

Symbol and picture description

- ⚠ Attention, warning
- ☒ Hand wash only
- ☀ Protect from sunlight
- MD Medical device
- ☒ Do not use when the packing is damaged
- ⌚ Expiry Date
- 📖 Reference instructions

Accessories list

Instructions ----- 1 copy

Warranty

Simple Medical (Shenzhen) Limited warrants to the user who originally purchases this product that it is free from defects in material and workmanship. The sole obligation of Simple Medical (Shenzhen) Limited in the event of breach of warranty shall be to repair or replace the defective product or part(s).

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*Please refer to the Instructions before usage.

