

Simple Medical (Shenzhen) Limited Instruction for Use SIMPLE Thumb brace W4

Model:31903&31904 Size: XS, S, M, L, XL



Thank you for purchasing our products! Please read this instruction carefully before operation! To fully understand the product, in order to ensure the safety and effectiveness of the product, and please properly save the manual for future reference

Product overview

1)Product name: SIMPLE Thumb brace W4

2)product model: 31903&31904

3)Product specification: XS, S, M, L, XL

4)Product Structure:

Products are mainly composed of breathable and comfortable soft body, aluminum alloy support, strap, plastic buckle and so on.

5)Operating principle:

The product adopts a lightweight design, and the product has a removable support at two places. The product improves the wearing comfort of the patient through the support and the breathable and soft fabric. The support piece fits the outline of the wrist and thumb, so that the wrist thumb and guard have proper support and protection. Help relieve muscle and joint pain, provide support and protection for injured wrists and thumbs, avoid re-injury, and help patients recover well

6)Scope of application:

Thumb sprain. Wrist and/or thumb sprain

Non surgical scaphoid fracture. Non surgical wrist fracture

Post-operative or post-traumatic wrist/thumb immobilisation

Wrist and/or thumb tendinopathies.Rheumatoid arthritis

Conservative treatment of carpal tunnel syndrome.Thumb/wrist osteoarthritis.Neuro-muscular impairements (contracture, hand drop or spasticity…)

Product features and performance description

1) Product features and storage conditions

[Product features]

Ergonomic design, breathable and lightweight, easy to wear and easy to take off, stable support, strengthen the thumb/wrist fixation.

Storage conditions

This product should be stored in a room with no more than 80% relative humidity, no corrosive gas and good ventilation to avoid high temperature

2)Using the operating

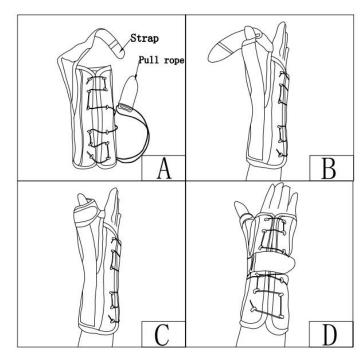
[Application Instructions]

APPLICATION INSTRUCTIONS

STEP 1: Remove the binding and drawstring of the finger retainer and insert the palm into the brace (Figure A&B).

STEP 2: Wrap the small band around the thumb and adjust it to achieve the required support force (Figure B&C).

STEP 3: Tighten the brace with a drawstring to the required support strength, and adjust the protective fabric lining as needed when tightening (Figure C).



Note: If wearing too tight may cause compression or pressure on blood vessels or nerves leading to perceptual disturbance, poor blood flow and skin irritation, please consult a doctor before use and wear under the guidance of a doctor.

Maintenance:

Lining can use neutral detergent and 30 $^{\circ}$ C water washed by hand, and natural dry. Do not use clothes dryer or other heat source for drying. Salt water, sand, dirt and other elements can cause damage. After exposure to these conditions, rinse thoroughly with water, dry with a towel or air dry (do not machine dry). If you need detergent, please use mild detergent, do not use softener and bleach.

Warning:

If you experience pain, swelling, irritation, or discomfort while using this product, discontinue use and consult your doctor.

Product basic parameter

- 1) Ambient temperature: -15 \sim 60 $^{\circ}$ C
- 2) Relative humidity: 80%

Product materials

- 1) Body material: Polyester, nylon
- 2) Support sheet: Aluminum + Plastic
- 3) Zipper: Polypropylene + Nylon
- 4) Strap: Nylon/Polyester

Contraindication



Unstable fractures of the hand;



Do not use in case of allergy;



Those with unknown skin masses are forbidden;



Those with swollen or ulcerated skin are forbidden;

Storage, transportation and expiry date of products

- 1) Product is valid: Five years
- 2) Product storage: Please place it in a dry and clean room before use to ensure ventilation.
- 3)Transportation: the product shall be dustproof, moisture-proof and pollution-proof during storage and transportation.

Disposal of wastes

Disposal of wrapping paper (bags): please dispose of the packaging of this product according to the local laws.

Symbol and picture description

Manufacture Date



CE CE SV



Hand wash only



Protect from sunlight

Batch Code



Warnings and Precautions



Expiry Date





Do not use when the packing is damaged

Selection

501001011				
Item		REF. 31903 (Left)		REF. 31904 (Right)
Size XS		XS, S, M, I	XS, S, M, L, XL	
Size			Meas	urement method
XS	110-130mm			\sim
S	130-153mm			
M	153-178mm			1 150)
L	178-203mm			
XL	203-230mm			\mathbf{O}

Accessories list

Instructions ----- 1 copy

Warranty

Simple Medical (Shenzhen) Limited warrants to the user who originally purchases this product that it is free from defects in material and workmanship. The sole obligation of Simple Medical (Shenzhen) Limited in the event of breach of warranty shall be to repair or replace the defective product or part(s).



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*Please refer to the Instructions before usage

