

SIMPLE

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Simple Medical(Shenzhen)Limited

Instruction for Use

SIMPLE Knee Immobilizer K3

Model: 11016 Size: S, M, L, XL

Product Structure and Performance

Knee retainer is mainly composed of breathable soft body, support, straps and so on. Emergency fixation of the main knee and knee fixation and traumatic knee injury before and after operation. The product adopts streamline lightweight design. The outer side of the product is provided with a support, through which the knee joint and large / calf are properly protected and stable.

INDICATIONS

- Fixation of knee ligament strain
- Meniscus injury fixation
- Fixation of patella fracture
- Postoperative rehabilitation

APPLICATION INSTRUCTION

STEP 1.

Loosen the fastening (Fig 1a).

STEP 2.

The center of the gap on both sides is aligned with and wrapped around the center of the knee (Fig. 2b)

STEP 3.

Fasten the straps. Hold both sides with your hands to prevent movement. And fasten the straps 1/2 in turn. Then tie the strap 3 / 4 / 5 / 6 (around the leg through the strap buckle and fasten it in the opposite direction (Fig3c-4)

NOTICE: Fasten the strap on upper thigh, not too tight. Too tight may lead to slow blood circulation or downward movement of the bracket.. Adjust the position of the straps and bracing if necessary.

"Wearing time" :

Adjust the wearing time of the brace when the body allows it.

Preoperative wearing time:

The wearing standard and wearing time of the knee retainer should be set by the doctor until your attending doctor agrees to remove the brace.

***Please purchase and use the product under the guidance of your doctor or professional.**

* IMPORTANT :

- 1) The product is for use by a single patient and is not recommended for multiple patients.
- 2) The knee joint and this product should be checked before and after each use. This product should be used in good skin.
- 3) This device cannot prevent or reduce all injuries, and proper rehabilitation and activity improvement are also an indispensable process in the safety treatment plan.

CARE AND MAINTENANCE

Liners can use neutral detergent and 30 ℃ water washed by hand, and natural dry. Do not use clothes dryer or other heat source for drying

Metal parts should not be washed with water.

WARNINGS:

If you feel pain, swelling, change of sensation, or discomfort when using this product, please stop using it and contact your doctor.

Basic application environment

- 1)Ambient temperature: -15 ~ 60 ℃
- 2)Relative humidity:≤ 80%

Product materials

- 1) Support: aluminum alloy
- 2) Buckle: nylon
- 3) Accessories: Nylon
- 4)Straps/ main body: nylon/ polyurethane/polyester

Contraindication

- ⚠ Use with caution for unstable fractures;
- ⚠ Use with caution in osteoporosis;
- ⚠ Use with caution for cognitive impairment;
- ⚠ Use with caution for bony ankylosis;

Storage, transportation and expiry date of products

- 1) Term of validity: Three years.
- 2) Storage of the product: please put it in a dry and clean room before use to ensure indoor ventilation.
- 3) Transportation: the product shall be dustproof, moisture-proof and pollution-proof during storage and transportation.

Waste disposal

Disposal of wrapping paper (bags): please dispose of the packaging of this product according to the local laws.

Symbol and picture description

- 🏭 Manufacture Date **LOT** Batch Code
- MD** medical device ⌚ Expiry Date
- ☀ Protect from sunlight 🧼 Hand wash only
- 📦 Do not use when the packing is damaged
- ⚠ Warnings and Precautions 📖 Reference instructions

Accessories list

Instructions ----- 1 copy

Selection

Item REF. 11016			
Size S, M, L, XL			
Colour Grey			
Size	Thigh	Knee	Calf
S	15.5-18.5" (39-47cm)	13-14" (33-35.5cm)	12-14" (30.5-35.5cm)
M	18.5-21" (47-53.25cm)	14-15" (35.5 -38cm)	14-16" (35.5-40.5cm)
L	21-23.5" (53.25-59.5cm)	15-17" (38-43 cm)	16-18" (40.5-47cm)
XL	23.5-26.5" (59.5-67.25cm)	17-19" (43-48.25 cm)	18-20" (47-50.75 cm)

Warranty

Simple Medical (Shenzhen) Limited warrants to the user who originally purchases this product that it is free from defects in material and workmanship. The sole obligation of Simple Medical (Shenzhen) Limited in the event of breach of warranty shall be to repair or replace the defective product or part(s).

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***Please refer to the Instructions before usage.**

11016 V0.2